

Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

MIAC: M 12.11 2018 Katie Murray (+ 3.0), St. Thomas

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1	Briana Berninghaus	JR Hamline	12.33	12.38Q	1.5	3
2	Jailyn Robinson	FR Hamline	12.20	12.39Q	-0.3	1
3	Jada Lewis	JR Augsburg	12.33	12.55Q	-0.4	2
4	Katelyn Marciniak	SR St. Thomas (	12.55	12.52q	1.5	3
5	Delaney McLoone	SO St. Thomas (	12.80	12.70q	1.5	3
6	Grace Scott	FR Bethel (Minn	12.65	12.73q	-0.4	2
7	Anna Smith	JR St. Thomas (	12.78	12.80q	-0.3	1
8	Zahra Banks	SO Concordia-Mo	12.78	12.91q	-0.4	2
9	Sydney Klausler	FR Saint Mary's	12.74	13.12	-0.3	1
10	Lauren Santl	SR Concordia-Mo	13.27	13.13	1.5	3
11	Tess Olinger	SR Gustavus Ado	13.32	13.24	1.5	3
12	Alica Schurrer	FR Saint Mary's	13.21	13.27	-0.4	2
13	Madison Brown	SO St. Benedict	13.06	13.34	-0.4	2
14	Samantha Mellin	JR St. Thomas (	13.35	13.40	-0.4	2
15	Dacoda Speidel	FR St. Benedict	13.17	13.43	-0.3	1
16	Liliana Olson	FR Hamline	13.15	13.47	-0.3	1
17	Grace Zdechlik	FR St. Benedict	13.43	13.67	-0.3	1
18	Keyra English	FR Carleton	12.96	13.78	1.5	3
19	Madison Doran	FR St. Benedict	13.74	13.85	-0.4	2
20	Maya Gitch	SO St. Olaf	13.83	13.87	1.5	3
21	Musu Kromah	FR Concordia-Mo	13.65	14.01	-0.3	1
22	Chloe Doyle	JR Bethel (Minn	13.94	14.27	1.5	3
23	Kierra Carter	FR St. Olaf	14.83	14.46	-0.3	1
24	Kayla LaRue	FR St. Olaf	14.41	14.50	-0.4	2

Women 100 Meter Dash

MIAC: M 12.11 2018 Katie Murray (+ 3.0), St. Thomas

Name	Year	School	Prelims	Finals	Wind	Points
<b>Finals</b>						
1	Jailyn Robinson	FR Hamline	12.39	12.22	1.8	10
2	Jada Lewis	JR Augsburg	12.55	12.24	1.8	8
3	Briana Berninghaus	JR Hamline	12.38	12.39	1.8	6
4	Katelyn Marciniak	SR St. Thomas (	12.52	12.57	1.8	5
5	Anna Smith	JR St. Thomas (	12.80	12.61	1.8	4
6	Delaney McLoone	SO St. Thomas (	12.70	12.63	1.8	3
7	Grace Scott	FR Bethel (Minn	12.73	12.68	1.8	2
8	Zahra Banks	SO Concordia-Mo	12.91	13.01	1.8	1

Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times

MIAC: M 24.72 2018 Katie Murray, St. Thomas

Name	Year	School	Seed	Prelims	Wind	H#
<b>Preliminaries</b>						
1	Jada Lewis	JR Augsburg	25.60	25.35Q	1.4	2
2	Briana Berninghaus	JR Hamline	25.16	25.45Q	0.6	1
3	Katelyn Marciniak	SR St. Thomas (	25.60	25.75Q	-0.5	3
4	Claire Chell	FR St. Thomas (	25.93	26.11q	-0.5	3
5	Sydney Klausler	FR Saint Mary's	25.95	26.12q	1.4	2
6	Johanna Glaaser	JR St. Olaf	26.39	26.18q	1.4	2
7	Delaney McLoone	SO St. Thomas (	26.30	26.30q	0.6	1
8	Lily Schlieman	JR Macalester	26.06	26.51q	0.6	1
9	Zahra Banks	SO Concordia-Mo	26.45	26.58	-0.5	3
10	Grace Scott	FR Bethel (Minn	26.63	26.86	-0.5	3
11	Kelly Klingelhutz	SO St. Benedict	26.93	26.87	0.6	1
12	Tess Olinger	SR Gustavus Ado	27.02	27.04	0.6	1
13	Lauren Santl	SR Concordia-Mo	27.11	27.14	1.4	2
14	Alica Schurrer	FR Saint Mary's	26.77	27.20	1.4	2
15	Ashlyn Arett	FR St. Thomas (	27.87	27.36	1.4	2

18	Laura Mitch	FR St. Benedict	27.84	27.54	0.6	1
19	Dacoda Speidel	FR St. Benedict	28.16	27.67	-0.5	3
20	Lauren Conradi	FR Bethel (Minn	27.75	27.96	0.6	1
21	Madison Brown	SO St. Benedict	27.30	28.02	-0.5	3
22	Musu Kromah	FR Concordia-Mo	28.63	28.32	0.6	1
23	Hannah Rogers	FR Bethel (Minn	28.52	28.58	1.4	2
24	Hannah Nelson	SO Bethel (Minn	28.35	28.71	-0.5	3

Women 200 Meter Dash

MIAC: M 24.72 2018 Katie Murray, St. Thomas						
Name	Year	School	Prelims	Finals	Wind	Points
Finals						
1	Briana Berninghaus	JR Hamline	25.45	25.51	1.2	10
2	Jada Lewis	JR Augsburg	25.35	25.67	1.2	8
3	Katelyn Marciniak	SR St. Thomas (	25.75	25.81	1.2	6
4	Claire Chell	FR St. Thomas (	26.11	26.24	1.2	5
5	Sydney Klausler	FR Saint Mary's	26.12	26.38	1.2	4
6	Johanna Glaaser	JR St. Olaf	26.18	26.44	1.2	3
7	Lily Schlieman	JR Macalester	26.51	26.71	1.2	2
8	Delaney McLoone	SO St. Thomas (	26.30	26.80	1.2	1

Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 5 Best Times						
MIAC: M 55.98 2010 Nikki Arola, St. Thomas						
Name	Year	School	Seed	Prelims	H#	
Preliminaries						
1	Makenna Ash	SR St. Olaf	58.20	57.52Q	2	
2	Johanna Glaaser	JR St. Olaf	57.59	57.73Q	3	
3	Delia Labatt	JR Bethel (Minn	56.09	57.81Q	1	
4	AddieKay Johnson	SR Bethel (Minn	57.46	57.82q	2	
5	Hannah Sankey	SO Bethel (Minn	58.05	58.55q	3	
6	Sara Moen	SO Gustavus Ado	59.52	58.93q	1	
7	Emma Thomley	JR Carleton	1:00.12	59.06q	3	
8	Lily Schlieman	JR Macalester	59.07	59.17q	1	
9	Kelly Klingelhut	SO St. Benedict	59.73	59.70	3	
10	Grace McGuire	FR St. Thomas (	59.52	1:00.53	2	
11	Megan Hill	JR Gustavus Ado	1:01.24	1:01.11	2	
12	Ashlyn Arett	FR St. Thomas (	1:03.04	1:01.30	1	
13	Quinn O'Connor	SO St. Thomas (	1:01.97	1:01.57	1	
14	Laura Mitch	FR St. Benedict	1:02.17	1:01.83	3	
15	Juliette Martin	SO St. Catherin	1:03.94	1:02.17	3	
16	Chanel Anderson-Manning	FR Hamline	1:02.03	1:02.25	2	
17	Casey Krasowski	FR St. Benedict	1:01.96	1:02.31	1	
18	Tyana Loisel	JR Macalester	1:02.40	1:02.62	3	
19	Cathryn Kuhn	FR St. Benedict	1:03.69	1:02.91	1	
20	Shelby Gelinske	SR Concordia-Mo	1:04.23	1:03.67	3	
21	Hannah Rogers	FR Bethel (Minn	1:03.72	1:04.11	2	
22	Erin Teichroew	SO Gustavus Ado	1:05.75	1:04.58	2	
23	Lauren Conradi	FR Bethel (Minn	1:02.59	1:04.66	2	
24	Lindsay Steiger	JR Hamline	1:05.97	1:05.02	1	

Women 400 Meter Dash

MIAC: M 55.98 2010 Nikki Arola, St. Thomas						
Name	Year	School	Prelims	Finals	Points	
Finals						
1	Johanna Glaaser	JR St. Olaf	57.73	NT	10	
2	Delia Labatt	JR Bethel (Minn	57.81	NT	7	Tie for 2nd
2	Makenna Ash	SR St. Olaf	57.52	NT	7	Tie for 2nd
4	AddieKay Johnson	SR Bethel (Minn	57.82	NT	5	
5	Hannah Sankey	SO Bethel (Minn	58.55	NT	4	
6	Sara Moen	SO Gustavus Ado	58.93	NT	3	
7	Lily Schlieman	JR Macalester	59.17	NT	2	
8	Emma Thomley	JR Carleton	59.06	NT	1	

Women 800 Meter Run

8 Advance: Top 2 Each Heat plus Next 2 Best Times						
MIAC: M 2:07.84 2010 Marie Borner, Bethel						
Name	Year	School	Seed	Prelims	H#	

2	Alexandra Maddux	FR Hamline	2:17.42	2:18.84Q	3
3	Haley Anderson	JR Gustavus Ado	2:18.11	2:19.23Q	2
4	Abigail Schnabel	SR Gustavus Ado	2:18.39	2:16.81Q	1
5	Josie Herrmann	SO Concordia-Mo	2:16.54	2:19.53Q	2
6	Isabel Fredrickson	FR Concordia-Mo	2:19.46	2:19.86Q	3
7	Jena Hauch	SO St. Olaf	2:18.42	2:19.16q	1
8	Amy Kropp	FR Carleton	2:20.39	2:20.32q	3
9	Morgan Dammann	JR St. Thomas (	2:17.76	2:20.66	3
10	Anna Kroll	SO St. Thomas (	2:20.75	2:20.74	1
11	Taylor Santangelo	FR St. Benedict	2:20.45	2:21.32	2
12	Brooke Hoppe	SO Macalester	2:23.88	2:23.67	1
13	Holly Ellingson	SR Macalester	2:24.01	2:23.72	2
14	Alia Benedict	SR Macalester	2:19.44	2:25.01	2
15	Clare Mazack	FR Macalester	2:27.69	2:26.24	3
16	Emilee Fulton	JR Carleton	2:28.01	2:28.11	2
17	Anna Astrup	FR St. Thomas (	2:30.32	2:29.47	1
18	Lily Jenssen	SO Macalester	2:30.62	2:29.69	2
19	Maddy Kennard	SO Macalester	2:26.70	2:29.98	3
20	Ciara Williams	SO Macalester	2:31.35	2:30.16	3
21	Lydia Hatton	SR Bethel (Minn	2:29.51	2:31.12	1
22	Emily Hao	SO Concordia-Mo	2:32.93	2:31.76	2
23	Sam Witmer	SR St. Catherin	2:33.33	2:33.25	1
24	Molly Sweet	JR Saint Mary's	2:31.08	2:34.14	3

Women 800 Meter Run

MIAC: M 2:07.84 2010 Marie Borner, Bethel					
Name	Year	School	Prelims	Finals	Points
Finals					
1	Phoebe Aguiar	JR Macalester	2:12.26	2:07.36M	10
	1:02.30 (1:02.30)	2:07.36 (1:05.06)			
2	Josie Herrmann	SO Concordia-Mo	2:19.53	2:17.67	8
	1:10.07 (1:10.07)	2:17.67 (1:07.60)			
3	Alexandra Maddux	FR Hamline	2:18.84	2:17.79	6
	1:10.04 (1:10.04)	2:17.79 (1:07.76)			
4	Isabel Fredrickson	FR Concordia-Mo	2:19.86	2:17.92	5
	1:10.32 (1:10.32)	2:17.92 (1:07.61)			
5	Jena Hauch	SO St. Olaf	2:19.16	2:18.39	4
	1:10.68 (1:10.68)	2:18.39 (1:07.72)			
6	Amy Kropp	FR Carleton	2:20.32	2:19.42	3
	1:10.98 (1:10.98)	2:19.42 (1:08.44)			
7	Abigail Schnabel	SR Gustavus Ado	2:16.81	2:20.56	2
	1:10.51 (1:10.51)	2:20.56 (1:10.05)			
8	Haley Anderson	JR Gustavus Ado	2:19.23	2:22.65	1
	1:11.00 (1:11.00)	2:22.65 (1:11.66)			

Women 1500 Meter Run

MIAC: M 4:29.20 2009 Marie Borner, Bethel					
Name	Year	School	Seed	Prelims	H#
Preliminaries					
1	Tierney Winter	SR Gustavus Ado	4:45.99	4:47.06Q	1
2	Helen Dolan	SO Hamline	4:48.73	4:53.61Q	2
3	Martha Hubell	SO St. Thomas (	4:46.04	4:47.75Q	1
4	Ellen Mickelson	FR St. Olaf	4:44.14	4:54.47Q	2
5	Marietta Geist	JR Carleton	4:50.60	4:52.14Q	1
6	Natalie Marsh	SO Carleton	4:56.61	4:54.55Q	2
7	Olivia Moll	FR St. Thomas (	4:55.82	4:54.17Q	1
8	Josie Herrmann	SO Concordia-Mo	4:50.91	4:55.06Q	2
9	Elizabeth Zimmerman	SO Carleton	5:04.81	4:55.15Q	2
10	Berit Hudson Rasmussen	JR Carleton	4:58.07	4:56.03Q	1
11	Abby Goff	FR St. Benedict	4:51.66	4:55.45q	2
12	Carly Scheuerman	SO St. Thomas (	4:46.73	4:56.94q	2
13	Grace Cole	FR Bethel (Minn	4:53.84	4:58.38	1
14	Malakai Holloway	FR Bethel (Minn	4:58.93	4:58.71	1
15	Riley McMahon	SO St. Catherin	4:49.99	4:58.85	1
16	Lena Stern	FR Macalester	4:57.37	4:59.89	2
17	Lauren Herland	SR St. Olaf	5:13.25	5:02.63	1
18	Katie Michalak	SO St. Thomas (	5:12.85	5:05.77	1
19	Emily Rugloski	FR Concordia-Mo	5:12.97	5:06.56	2
20	Brennan Drake	FR Macalester	5:05.88	5:07.21	2
21	Ann Sheely	JR Augsburg	5:11.54	5:08.04	1
22	Ellen Kemp	SO St. Olaf	5:09.75	5:09.78	2

25 Megan Rossman	JR St. Olaf	5:05.93	5:15.88	1
26 Laura Luttio	SR Bethel (Minn)	5:10.70	5:17.45	2
27 Katrin O'Grady	SR Macalester	5:13.05	5:18.62	2
28 Katie Spray	SR St. Olaf	5:13.76	5:23.65	1

Women 1500 Meter Run

MIAC: M 4:29.20 2009 Marie Borner, Bethel					
Name	Year	School	Prelims	Finals	Points
<b>Finals</b>					
1 Helen Dolan		SO Hamline	4:53.61	4:44.90	10
1:00.28 (1:00.28)	2:16.21 (1:15.94)		2:16.37 (0.17)	4:44.90 (2:28.53)	
2 Carly Scheuerman		SO St. Thomas (	4:56.94	4:46.71	8
1:00.14 (1:00.14)	2:16.78 (1:16.65)	3:34.01 (1:17.24)		4:46.71 (1:12.70)	
3 Martha Hubell		SO St. Thomas (	4:47.75	4:46.78	6
1:00.01 (1:00.01)	2:16.10 (1:16.10)	3:33.53 (1:17.43)		4:46.78 (1:13.26)	
4 Ellen Mickelson		FR St. Olaf	4:54.47	4:46.95	5
1:00.02 (1:00.02)	2:16.36 (1:16.34)	3:33.49 (1:17.14)		4:46.95 (1:13.47)	
5 Natalie Marsh		SO Carleton	4:54.55	4:48.49	4
1:00.56 (1:00.56)	2:16.35 (1:15.79)	3:33.37 (1:17.03)		4:48.49 (1:15.12)	
6 Josie Herrmann		SO Concordia-Mo	4:55.06	4:49.72	3
1:00.42 (1:00.42)	2:16.62 (1:16.21)	3:33.76 (1:17.14)		4:49.72 (1:15.96)	
7 Marietta Geist		JR Carleton	4:52.14	4:50.32	2
1:00.26 (1:00.26)	2:16.54 (1:16.29)	3:33.25 (1:16.72)		4:50.32 (1:17.08)	
8 Tierney Winter		SR Gustavus Ado	4:47.06	4:51.52	1
1:00.23 (1:00.23)	2:16.64 (1:16.41)	3:35.06 (1:18.42)		4:51.52 (1:16.46)	
9 Abby Goff		FR St. Benedict	4:55.45	4:53.27	
59.77 (59.77)	2:15.84 (1:16.07)	3:34.11 (1:18.28)		4:53.27 (1:19.16)	
10 Elizabeth Zimmerman		SO Carleton	4:55.15	4:57.66	
1:01.10 (1:01.10)	2:20.43 (1:19.34)	3:41.16 (1:20.73)		4:57.66 (1:16.51)	
11 Berit Hudson Rasmussen		JR Carleton	4:56.03	4:59.13	
1:00.40 (1:00.40)	2:17.32 (1:16.93)	3:36.92 (1:19.61)		4:59.13 (1:22.21)	
12 Olivia Moll		FR St. Thomas (	4:54.17	5:00.19	
1:00.71 (1:00.71)	2:17.04 (1:16.34)	3:35.50 (1:18.46)		5:00.19 (1:24.69)	

Women 5000 Meter Run

1-16 Row 1; 17-32 Row 2 MIAC: M 16:59.19 2014 Kimber Meyer, Macalester					
Name	Year	School	Seed	Finals	Points
1 Morgan Pierce		SR St. Benedict	17:56.92	17:39.29	10
2 Amanda Mosborg		SO Carleton	17:37.81	17:44.06	8
3 Samantha Schnirring		SR Carleton	18:34.26	17:45.49	6
4 Bryony Hawgood		JR St. Olaf	17:34.35	17:46.12	5
5 Emma Greenlee		SO Carleton	18:16.22	17:56.24	4
6 Kara Andersen		JR Concordia-Mo	18:27.67	18:08.06	3
7 Kourtney Kulseth		SO Gustavus Ado	18:40.19	18:08.83	2
8 Mary Naas		SR St. Olaf	18:15.72	18:14.15	1
9 Martha Hubell		SO St. Thomas (	18:12.04	18:23.37	
10 Jenny Launder		JR St. Thomas (	18:26.35	18:31.68	
11 Amber Matzoll		SR St. Thomas (	18:21.78	18:34.41	
12 Riley McMahon		SO St. Catherin	19:08.63	18:37.14	
13 Iliana Ramon		FR Gustavus Ado	19:04.21	18:38.05	
14 Anna Hage		SO Bethel (Minn)	18:56.23	18:40.77	
15 Abby Goff		FR St. Benedict	18:45.87	18:42.65	
16 Meredith Moore		JR St. Olaf	18:45.91	18:44.63	
17 Sara Miller		SO St. Thomas (	18:44.11	18:48.27	
18 Gabriela Passmore		JR Gustavus Ado	19:00.51	18:54.00	
19 Molly Clarke		JR St. Thomas (	18:55.80	18:56.37	
20 Danielle Freshwaters		FR Macalester	19:09.39	19:00.96	
21 Marlee Yost-Wolff		SR Macalester	18:54.09	19:03.64	
22 Sarah Anderson		JR Gustavus Ado	18:58.43	19:11.41	
23 Kelly Segura		SR Bethel (Minn)	19:12.38	19:13.36	
24 Lotus Schifsky		SR Gustavus Ado	19:33.14	19:20.19	
25 Brianna Gruenberg		SR Concordia-Mo	19:22.10	19:23.71	
26 Allegra Pihlaja		FR Carleton	19:23.41	19:32.36	
27 Julia Clark		SO St. Catherin	19:28.69	19:44.16	
28 Laura Votava		SR St. Olaf	19:30.46	19:48.56	
29 Megan Weaver		SR Gustavus Ado	19:25.24	20:02.06	
30 Jena Wachowiak		SO St. Benedict	19:33.98	20:04.13	

Women 10000 Meter Run

1-16 Row 1; 17-20 Row 2

1	Samantha Schnirring	SR Carleton	37:02.43	36:55.80	10
2	Morgan Pierce	SR St. Benedict	37:07.24	37:01.81	8
3	Bryony Hawgood	JR St. Olaf	38:34.00	37:41.89	6
4	Emma Greenlee	SO Carleton	38:25.24	38:01.93	5
5	Amber Matzoll	SR St. Thomas (	38:24.54	38:28.24	4
6	Mary Naas	SR St. Olaf	40:18.32	38:32.71	3
7	Iliana Ramon	FR Gustavus Ado	41:32.44	39:00.86	2
8	Kara Andersen	JR Concordia-Mo	40:19.10	39:25.72	1
9	Molly Clarke	JR St. Thomas (	38:48.08	39:49.41	
10	Lauren Markowski	SO St. Olaf	43:49.20	40:44.64	
11	Sarah Anderson	JR Gustavus Ado	41:22.00	41:04.95	
12	Julia Clark	SO St. Catherin	40:35.77	41:30.22	
13	Tarja Nelsen	SR Concordia-Mo	40:40.50	41:35.51	
14	Megan Weaver	SR Gustavus Ado	42:31.45	42:06.86	
15	Jena Wachowiak	SO St. Benedict	42:16.42	42:24.23	
16	Kyla Porter	SR St. Benedict	42:08.69	42:31.78	
17	Holly Gordon	SO St. Olaf	41:46.78	43:07.80	
18	Noelle Diekman	JR Bethel (Minn	44:20.10	45:05.63	
--	Ellie Nelson	SO Bethel (Minn	39:01.48	DNF	

Women 100 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times  
 MIAC: M 14.13 2014 Mallory Burnham (-1.0), St. Thomas

Name	Year	School	Seed	Prelims	Wind	H#
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Preliminaries

1	Gabrielle Brown	SR Hamline	14.15	14.36Q	+0.0	1
2	Jenna Degen	SR St. Benedict	15.74	15.47Q	0.4	3
3	Claire Chell	FR St. Thomas (	15.93	15.64Q	+0.0	2
4	Laura Kammer	JR St. Olaf	16.05	15.72q	+0.0	1
5	Syri Williams	SO Bethel (Minn	15.82	15.81q	0.4	3
6	Mackenzie Schoustra	JR St. Olaf	15.71	15.87q	+0.0	2
7	Elsie Lundquist	SO St. Catherin	15.99	15.93q	+0.0	1
8	Tonya Piergies	SR Carleton	16.26	16.16q	0.4	3
9	Elizabeth Peterson	SO Hamline	16.11	16.34	+0.0	2
10	Stephanie Pickthorn	FR St. Benedict	17.11	16.38	+0.0	1
11	Jasmine Loving	SO Macalester	16.54	16.58	+0.0	1
12	Emily Bohlig	JR St. Olaf	16.36	16.75	0.4	3
13	Beth Parlin	SO Hamline	16.44	16.78	+0.0	2
14	Nicole Lilleberg	FR Concordia-Mo	16.89	16.81	+0.0	2
15	Rachel Studer	SO Gustavus Ado	16.70	16.84	+0.0	2
16	Lori Erlandson	SR St. Olaf	16.73	17.00	0.4	3
17	Aoife Zamacona	FR Hamline	16.73	17.12	0.4	3
18	Kayla Ende	FR Bethel (Minn	16.65	17.20	+0.0	1
19	Kynzie Smedsrud	SR Saint Mary's	17.32	17.47	+0.0	2
20	Grace Baker	SO St. Benedict	17.62	17.62	0.4	3
21	Cecelia Miller	FR Hamline	17.13	17.63	+0.0	1
22	Becca Balzer	FR Bethel (Minn	17.70	17.93	0.4	3
23	Mellissa Clarke	JR Hamline	17.92	18.71	+0.0	2
24	Jasmyne McCovery	FR St. Benedict	19.86	20.52	+0.0	1

Women 100 Meter Hurdles

MIAC: M 14.13 2014 Mallory Burnham (-1.0), St. Thomas

Name	Year	School	Prelims	Finals	Wind	Points
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Finals

1	Gabrielle Brown	SR Hamline	14.36	14.14	2.2	10	
2	Jenna Degen	SR St. Benedict	15.47	15.19	2.2	8	
3	Claire Chell	FR St. Thomas (	15.64	15.30	2.2	6	
4	Mackenzie Schoustra	JR St. Olaf	15.87	15.58	2.2	5	15.571
5	Laura Kammer	JR St. Olaf	15.72	15.58	2.2	4	15.580
6	Syri Williams	SO Bethel (Minn	15.81	15.60	2.2	3	
7	Elsie Lundquist	SO St. Catherin	15.93	15.99	2.2	2	
8	Tonya Piergies	SR Carleton	16.16	16.29	2.2	1	

Women 400 Meter Hurdles

8 Advance: Top 1 Each Heat plus Next 5 Best Times  
 MIAC: M 1:00.36 1989 Carolyn Ross, Augsburg

Name	Year	School	Seed	Prelims	H#
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Preliminaries

1	Corin McKinstry	JR Bethel (Minn	1:03.54	1:04.25Q	2
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4	Elsa Sandeno	SR Carleton	1:05.89	1:04.47q	2
5	Anna Smith	JR St. Thomas (	1:05.36	1:06.52q	3
6	Miriah Forness	JR Concordia-Mo	1:06.64	1:07.42q	1
7	Paige Cater	SO St. Thomas (	1:08.04	1:08.30q	1
8	Maggie Mahota	FR St. Benedict	1:09.76	1:09.13q	1
9	Hannah Crowe	SO Saint Mary's	1:10.45	1:09.21	2
10	Karley DeKnikker	SO Gustavus Ado	1:09.57	1:09.89	1
11	Mara Balzer	JR Bethel (Minn	1:11.07	1:09.99	3
12	Rachael Follestad	SO Gustavus Ado	1:12.67	1:10.18	2
13	Christine Rohlf	SR St. Thomas (	1:08.95	1:10.26	3
14	Taylor Finnes	FR Bethel (Minn	1:09.53	1:10.60	2
15	Hayli Marquette	SR St. Olaf	1:08.13	1:11.12	2
16	Haley Smith	JR St. Benedict	1:11.94	1:11.34	1
17	Nicole Lilleberg	FR Concordia-Mo	1:12.05	1:11.58	1
18	Kynzie Smedsrud	SR Saint Mary's	1:11.29	1:11.63	3
19	Lori Erlandson	SR St. Olaf	1:14.06	1:12.42	3
20	Erica Meyers	SO St. Olaf	1:11.76	1:13.06	2
21	Ingrid Harbo	SO Concordia-Mo	1:15.53	1:14.42	3
22	Michaela Howk	JR St. Thomas (	1:16.30	1:14.72	2
23	Addie Brooke-Pike	FR Macalester	1:16.54	1:15.08	1
--	Carly Fornshell	SO Concordia-Mo	1:09.36	DQ	3 outside hurdle

Women 400 Meter Hurdles

MIAC: M 1:00.36 1989 Carolyn Ross, Augsburg					
Name	Year	School	Prelims	Finals	Points
Finals					
1	Mallory Adamson	SR St. Thomas (	1:04.99	1:02.39	10
2	Corin McKinstrey	JR Bethel (Minn	1:04.25	1:03.69	8
3	Gabrielle Brown	SR Hamline	1:04.38	1:04.70	6
4	Elsa Sandeno	SR Carleton	1:04.47	1:05.29	5
5	Anna Smith	JR St. Thomas (	1:06.52	1:05.99	4
6	Paige Cater	SO St. Thomas (	1:08.30	1:06.87	3
7	Miriah Forness	JR Concordia-Mo	1:07.42	1:08.34	2
8	Maggie Mahota	FR St. Benedict	1:09.13	1:09.15	1

Women 3000 Meter Steeplechase

MIAC: M 10:37.58 2015 Ruth Steinke, Carleton					
Name	Year	School	Seed	Finals	Points
1-16 Row 1; 17-18 Row 2					
1	Lisa Fisher	JR St. Olaf	11:21.35	11:18.42	10
	49.98 (49.98)	2:17.89 (1:27.91)	3:45.84 (1:27.95)	5:14.41 (1:28.58)	
	6:43.05 (1:28.64)	8:13.76 (1:30.72)	9:45.58 (1:31.82)	11:18.42 (1:32.85)	
2	Madeline Dopp	SR Hamline	11:27.37	11:22.44	8
	50.32 (50.32)	2:18.20 (1:27.89)	3:46.17 (1:27.98)	5:14.77 (1:28.60)	
	6:43.70 (1:28.93)	8:17.38 (1:33.69)	9:51.68 (1:34.30)	11:22.44 (1:30.77)	
3	Kourtney Kulseth	SO Gustavus Ado	11:31.09	11:26.55	6
	50.97 (50.97)	2:18.49 (1:27.53)	3:46.12 (1:27.64)	5:14.73 (1:28.61)	
	6:46.80 (1:32.08)	8:21.68 (1:34.88)	9:55.93 (1:34.26)	11:26.55 (1:30.62)	
4	Sara Ness	JR St. Thomas (	11:33.12	11:37.63	5
	51.13 (51.13)	2:18.89 (1:27.76)	3:47.99 (1:29.11)	5:19.34 (1:31.35)	
	6:54.12 (1:34.79)	8:29.89 (1:35.77)	10:04.86 (1:34.98)	11:37.63 (1:32.78)	
5	Miriah Forness	JR Concordia-Mo	12:01.43	11:43.78	4
	53.93 (53.93)	2:24.15 (1:30.23)	3:56.68 (1:32.53)	5:32.66 (1:35.98)	
	7:08.17 (1:35.51)	8:44.17 (1:36.01)	10:18.07 (1:33.91)	11:43.78 (1:25.71)	
6	Katie Breuckman	JR St. Thomas (	11:49.48	11:44.07	3
	53.75 (53.75)	2:25.13 (1:31.39)	3:56.99 (1:31.86)	5:32.60 (1:35.62)	
	7:08.13 (1:35.53)	8:44.19 (1:36.07)	10:19.19 (1:35.01)	11:44.07 (1:24.89)	
7	Grace Leslie	SO Carleton	11:51.68	12:01.98	2
	53.29 (53.29)	2:24.71 (1:31.42)	3:57.88 (1:33.17)	5:34.27 (1:36.39)	
	7:11.96 (1:37.70)	8:50.49 (1:38.53)	10:28.61 (1:38.13)	12:01.98 (1:33.37)	
8	Daisy Richmond	SR St. Olaf	12:13.71	12:10.75	1
	53.64 (53.64)	2:25.80 (1:32.16)	3:59.97 (1:34.17)	5:36.84 (1:36.88)	
	7:15.54 (1:38.71)	8:55.96 (1:40.42)	10:36.89 (1:40.93)	12:10.75 (1:33.86)	
9	Bridget Schmitt	SR St. Thomas (	11:58.06	12:14.80	
	54.04 (54.04)	2:25.41 (1:31.38)	3:58.18 (1:32.77)	5:34.59 (1:36.41)	
	7:13.76 (1:39.18)	8:54.38 (1:40.62)	10:36.09 (1:41.71)	12:14.80 (1:38.72)	
10	Amy Reimer	SR Bethel (Minn	11:54.46	12:16.40	
	50.93 (50.93)	2:23.43 (1:32.50)	4:01.32 (1:37.90)	5:37.18 (1:35.87)	
	7:21.98 (1:44.80)	9:04.80 (1:42.82)	10:46.66 (1:41.86)	12:16.40 (1:29.75)	
11	Taylor Paulsen	SO St. Olaf	12:19.81	12:25.22	
	53.90 (53.90)	2:26.08 (1:32.18)	4:00.69 (1:34.62)	5:38.33 (1:37.65)	
	7:21.58 (1:43.26)	9:06.49 (1:44.91)	10:50.58 (1:44.09)	12:25.22 (1:34.65)	

7:19.66 (1:42.10)	9:03.09 (1:43.43)	10:46.97 (1:43.89)	12:26.76 (1:39.79)
13 Lauren Alpers	FR Bethel (Minn)	12:41.71	12:33.15
53.33 (53.33)	2:26.74 (1:33.41)	4:04.94 (1:38.21)	5:47.52 (1:42.58)
7:31.56 (1:44.05)	9:13.29 (1:41.74)	10:58.18 (1:44.90)	12:33.15 (1:34.97)
14 Alli Ruprecht	JR St. Benedict	12:01.90	12:34.24
53.23 (53.23)	2:23.97 (1:30.74)	4:01.04 (1:37.07)	5:44.20 (1:43.17)
7:29.91 (1:45.71)	9:16.45 (1:46.54)	11:02.57 (1:46.13)	12:34.24 (1:31.67)
15 Augie Witkowski	SR St. Benedict	12:44.21	12:40.52
54.33 (54.33)	2:29.29 (1:34.97)	4:07.70 (1:38.41)	5:49.31 (1:41.61)
7:33.02 (1:43.72)	9:18.59 (1:45.57)	11:04.70 (1:46.12)	12:40.52 (1:35.83)
16 Mackinzee Miest	FR Gustavus Ado	12:54.70	12:43.35
54.89 (54.89)	2:30.46 (1:35.58)	4:09.52 (1:39.06)	5:50.22 (1:40.71)
7:32.25 (1:42.03)	11:03.54 (3:31.29)	12:43.35 (1:39.81)	
17 Stephanie Balas	SO St. Olaf	11:47.88	12:58.18
50.24 (50.24)	2:21.09 (1:30.86)	3:55.41 (1:34.32)	5:35.55 (1:40.15)
7:23.36 (1:47.81)	9:14.45 (1:51.10)	11:09.56 (1:55.11)	12:58.18 (1:48.63)
18 Jackie Brine-Doyle	SR St. Catherin	13:02.11	13:11.89
54.77 (54.77)	2:31.05 (1:36.29)	4:10.18 (1:39.14)	5:52.53 (1:42.35)
7:39.67 (1:47.15)	9:30.81 (1:51.14)	11:23.29 (1:52.49)	13:11.89 (1:48.61)

#### Women 4x100 Meter Relay

MIAC: M 47.17 2013 St. Thomas					
M. Burnham, E. Van Heel, C. Rozeske, A. Tipp					
School	Seed	Finals	H#	Points	
1 Hamline 'A'	48.02	48.03	2	10	
1) Liliana Olson FR					2) Briana Berninghaus JR
3) Gabrielle Brown SR					4) Jailyn Robinson FR
2 Bethel (Minn.) 'A'	48.30	48.76	2	8	
1) Grace Scott FR					2) Delia Labatt JR
3) Syri Williams SO					4) Grace Perrenoud FR
3 St. Thomas (Minn.) 'A'	48.87	48.81	2	6	
1) Delaney McLoone SO					2) Anna Smith JR
3) Katelyn Marciniak SR					4) Claire Chell FR
4 Saint Mary's (Minn.) 'A'	50.61	50.47	2	5	
1) Sydney Klausler FR					2) Kynzie Smedsrud SR
3) Hannah Crowe SO					4) Alica Schurrer FR
5 St. Olaf 'A'	51.44	50.73	2	4	
1) Mackenzie Schoustra JR					2) Johanna Glaaser JR
3) Makenna Ash SR					4) Megan Grimes SR
6 St. Benedict 'A'	51.59	50.91	2	3	
1) Grace Zdechlik FR					2) Madison Brown SO
3) Dacoda Speidel FR					4) Kelly Klingelhutz SO
7 Carleton 'A'	52.11	51.12	2	2	
1) Tonya Piergies SR					2) Emma Thomley JR
3) Keyra English FR					4) Sydney Marsh FR
8 Gustavus Adolphus 'A'	52.10	51.14	2	1	
1) Tess Olinger SR					2) DeAnna Giles SO
3) Alexandra Anderson JR					4) Paige Patterson SO
9 Concordia-Moorhead 'A'	52.50	51.25	1		
1) Jenna Stilwell SR					2) Zahra Banks SO
3) Lauren Santl SR					4) Shelby Gelinske SR
10 St. Catherine (Minn.) 'A'	52.66	52.24	1		
1) Juliette Martin SO					2) Marie Morrier SR
3) Elsie Lundquist SO					4) Reilee Schepper FR

#### Women 4x400 Meter Relay

Facility: F 3:51.56 2009 St. Thomas					
MIAC: M 3:51.56 2009 St. Thomas					
M. Burnham, E. Van Heel, C. Rozeske, A. Tipp					
School	Seed	Finals	H#	Points	
1 Bethel (Minn.) 'A'	3:48.97	3:54.47	2	10	
1) Hannah Sankey SO					2) Delia Labatt JR
3) Corin McKinstrey JR					4) AddieKay Johnson SR
2 St. Thomas (Minn.) 'A'	3:53.93	3:58.05	2	8	
1) Grace McGuire FR					2) Anna Smith JR
3) Morgan Dammann JR					4) Mallory Adamson SR
3 St. Olaf 'A'	4:03.69	3:59.50	2	6	
1) Mackenzie Schoustra JR					2) Jena Hauch SO
3) Makenna Ash SR					4) Johanna Glaaser JR
4 Macalester 'A'	4:00.44	4:01.51	2	5	
1) Lily Schlieman JR					2) Alia Benedict SR
3) Tyana Loiselle JR					4) Phoebe Aquiar JR

1) Megan Hill JR	2) Sara Moen SO				
3) Lily Anderson JR	4) Abigail Schnabel SR				
6 Carleton 'A'		4:05.11	4:05.47	2	3
1) Emma Thomley JR	2) Amy Kropp FR				
3) Natalie Marsh SO	4) Elsa Sandeno SR				
7 Concordia-Moorhead 'A'		4:09.07	4:07.17	2	2
1) Isabel Fredrickson FR	2) Carly Fornshell SO				
3) Zahra Banks SO	4) Josie Herrmann SO				
8 St. Benedict 'A'		4:10.96	4:09.04	2	1
1) Taylor Santangelo FR	2) Laura Mitch FR				
3) Casey Krasowski FR	4) Kelly Klingelhutz SO				
9 Saint Mary's (Minn.) 'A'		4:11.62	4:10.94	1	
1) Alica Schurrer FR	2) Kynzie Smedsrud SR				
3) Hannah Crowe SO	4) Sydney Klausler FR				
10 Hamline 'A'		4:14.68	4:12.09	1	
1) Chanel Anderson-Manning FR	2) Abigail Van Goethem JR				
3) Alexandra Maddux FR	4) Helen Dolan SO				
11 St. Catherine (Minn.) 'A'		4:27.97	4:26.81	1	
1) Marie Morrier SR	2) Juliette Martin SO				
3) Anya Swanson FR	4) Megan Perkins FR				

Women 4x800 Meter Relay

=====						
MIAC: M 9:08.67		2008	St. Thomas			
B. Hupp, Kelly Russ, Erin Sprangers, K. Theisen						
School		Seed	Finals	Points		
=====						
1 Gustavus Adolphus 'A'		9:25.36	9:21.40	10		
1) Sara Moen SO	2) Josie Blake SO					
3) Tierney Winter SR	4) Abigail Schnabel SR					
2 St. Olaf 'A'			9:29.07	8		
1) Stephanie Balas SO	2) Carolyn Carpenter SO					
3) Lisa Fisher JR	4) Jena Hauch SO					
3 St. Thomas (Minn.) 'A'			9:35.76	6		
1) Anna Kroll SO	2) Quinn O'Connor SO					
3) Paige Cater SO	4) Morgan Dammann JR					
4 Hamline 'A'			9:38.92	5		
1) Emma Mader FR	2) Alexandra Maddux FR					
3) Madeline Dopp SR	4) Helen Dolan SO					
5 Bethel (Minn.) 'A'		10:07.39	9:43.61	4		
1) Amy Reimer SR	2) Kelly Segura SR					
3) Malakai Holloway FR	4) Grace Cole FR					
6 Macalester 'A'			9:45.65	3		
1) Holly Ellingson SR	2) Brooke Hoppe SO					
3) Lena Stern FR	4) Alia Benedict SR					
7 St. Catherine (Minn.) 'A'			9:50.62	2		
1) Riley McMahon SO	2) Juliette Martin SO					
3) Anya Swanson FR	4) Marie Morrier SR					
8 Concordia-Moorhead 'A'		9:34.22	9:54.62	1		
1) Carly Fornshell SO	2) Elizabeth Vought SR					
3) Colleen Vought SR	4) Emily Rugloski FR					
9 St. Benedict 'A'			10:09.71			
1) Taylor Santangelo FR	2) Alli Ruprecht JR					
3) Augie Witkowski SR	4) Johanna Merten SO					
10 Saint Mary's (Minn.) 'A'			10:53.49			
1) Molly Sweet JR	2) Julia VanWatermeulen FR					
3) Hannah Crowe SO	4) Anna Marinc FR					

Women High Jump

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MIAC: M 1.73m		1987	Holly Broadmarkle, Gustavus				
MIAC: M 1.73m		2004	Kristal Grigsby, St. Thomas				
Name		Year	School	Seed	Finals	Points	
=====							
1 Elsie Lundquist			SO St. Catherin	1.59m	1.66m	5-05.25	10
1.42 1.47 1.52 1.57 1.60 1.63 1.66 1.69							
O O XO O O O XO XXX							
2 Sidney Severson			SR St. Thomas (	1.58m	J1.66m	5-05.25	7
1.42 1.47 1.52 1.57 1.60 1.63 1.66 1.69							
P O O O XO XO XO XXX							
2 Grace Bordson			SR St. Thomas (	1.71m	J1.66m	5-05.25	7
1.42 1.47 1.52 1.57 1.60 1.63 1.66 1.69							
P P P XXO O O XO XX							
4 Rachel Ohde			SO Saint Mary's	1.68m	1.63m	5-04.25	5
1.42 1.47 1.52 1.57 1.60 1.63 1.66							
P P O O XXO O XXX							

6	Suntina Spehar	JR St. Benedict	1.51m	J1.57m	5-01.75	2.50
	1.42 1.47 1.52 1.57 1.60					
	P O O XXO XXX					
6	Mariah Terhaar	JR St. Thomas (	1.56m	J1.57m	5-01.75	2.50
	1.42 1.47 1.52 1.57 1.60					
	O O O XXO XXX					
8	Mackenzie Schoustra	JR St. Olaf	1.62m	1.52m	4-11.75	1
	1.42 1.47 1.52 1.57					
	P XO O XXX					
9	Corrie Ethen	SO Concordia-Mo	1.53m	J1.52m	4-11.75	
	1.42 1.47 1.52 1.57					
	XO XO O XXX					
10	Anna Grove	SO Carleton	1.47m	J1.52m	4-11.75	
	1.42 1.47 1.52 1.57					
	XO O XO XXX					
11	Jenna Degen	SR St. Benedict	1.53m	J1.52m	4-11.75	
	1.42 1.47 1.52 1.57					
	P XXO XO XXX					
12	Johna Radke	SR St. Catherin	1.53m	J1.52m	4-11.75	
	1.42 1.47 1.52 1.57					
	O O XXO XXX					
13	Halley Brocker	FR Gustavus Ado	1.55m	J1.52m	4-11.75	
	1.42 1.47 1.52 1.57					
	O XO XXO XXX					
14	Emily Bohlig	JR St. Olaf	1.47m	1.47m	4-09.75	
	1.42 1.47 1.52					
	O O XXX					
15	Alexandra Anderson	JR Gustavus Ado	1.55m	J1.47m	4-09.75	
	1.42 1.47 1.52					
	XXO O XXX					
16	Elizabeth Peterson	SO Hamline	1.53m	J1.47m	4-09.75	
	1.42 1.47 1.52					
	P XXO XXX					
16	Gabby Renelt	FR Concordia-Mo	1.58m	J1.47m	4-09.75	
	1.42 1.47 1.52					
	O XXO XXX					
18	Aoife Zamacona	FR Hamline	1.49m	J1.47m	4-09.75	
	1.42 1.47 1.52					
	XXO XXO XXX					

#### Women Pole Vault

MIAC: M 3.82m 2017							London Stelton, St. Benedict			
Name	Year	School	Seed	Finals		Points				
1 Kendall Novak		SR St. Thomas (	3.56m	3.51m	11-06.25	10				
	2.71 2.86 3.01 3.16 3.31 3.41 3.51 3.78									
	P P P O O O XXO XXX									
2 Mariah Terhaar		JR St. Thomas (	3.35m	3.41m	11-02.25	8				
	2.71 2.86 3.01 3.16 3.31 3.41 3.51									
	P P O O XO O XXX									
3 Lee Stelten		JR St. Benedict	3.30m	3.31m	10-10.25	6				
	2.71 2.86 3.01 3.16 3.31 3.41									
	P P P O O XXX									
4 Sadie Koelz		SO Bethel (Minn	3.52m	J3.31m	10-10.25	5				
	2.71 2.86 3.01 3.16 3.31 3.41									
	P P O XO O XXX									
5 Jordan Sifferle		JR St. Thomas (	3.35m	J3.31m	10-10.25	4				
	2.71 2.86 3.01 3.16 3.31 3.41									
	P P O O XO XXX									
6 Elizabeth Peterson		SO Hamline	3.15m	3.16m	10-04.25	3				
	2.71 2.86 3.01 3.16 3.31									
	P P O O XXX									
7 Miriah Forness		JR Concordia-Mo	3.15m	J3.16m	10-04.25	2				
	2.71 2.86 3.01 3.16 3.31									
	P O O XO XXX									
8 Elisabeth Dalki		SO St. Benedict	3.43m	J3.16m	10-04.25	1				
	2.71 2.86 3.01 3.16 3.31									
	P P P XXO XXX									
9 Chelsea Schaffer		SO St. Benedict	3.15m	3.01m	9-10.50					
	2.71 2.86 3.01 3.16									
	O O O XXX									
9 Jordan Walls		SR Hamline	3.22m	3.01m	9-10.50					
	2.71 2.86 3.01 3.16									
	P O O XXX									

12	O O XXO XXX Gabrielle Evans 2.71 2.86 3.01 O O XXX	FR Carleton	2.96m	2.86m	9-04.50
13	Madison Dorn 2.71 2.86 3.01 XO O XXX	FR Bethel (Minn)	2.81m	J2.86m	9-04.50
14	Zoe Witham 2.71 2.86 3.01 O XO XXX	FR St. Benedict	3.00m	J2.86m	9-04.50
15	Ashley Haxton 2.71 2.86 3.01 XO XO XXX	FR Gustavus Ado	3.05m	J2.86m	9-04.50
16	Shanoah Harren 2.71 2.86 O XXX	SO Hamline	2.77m	2.71m	8-10.75
17	Nathalie Freire 2.71 2.86 XXO XXX	FR Saint Mary's	2.77m	J2.71m	8-10.75
--	Olivia Hoff 2.71 XXX	FR St. Benedict	2.77m	NH	

#### Women Long Jump

MIAC: M 5.70m 2012		Julia Renner (+1.5), Saint Benedict					
MIAC: M 5.92m 2005		Krista Grigsby(NWI), St. Thomas					
Name	Year	School	Seed	Prelims	Wind	H#	
Preliminaries							
1	Steph Kretlow	JR St. Thomas (	5.70m	5.82mq	2.2	19-01.25	1
	5.82m(2.2) FOUL(2.3)	5.74m(0.6)					
2	Jailyn Robinson	FR Hamline	5.50m	5.56mq	+0.0	18-03.00	2
	5.56m(+0.0) 5.53m(-1.3)	5.53m(0.3)					
3	Tori Thompson	SR St. Catherin	5.41m	5.53mq	1.7	18-01.75	2
	5.53m(1.7) PASS	PASS					
4	Jenna Degen	SR St. Benedict	5.01m	5.27mq	+0.0	17-03.50	1
	5.27m(+0.0) FOUL(0.1)	FOUL(1.0)					
5	Elsie Lundquist	SO St. Catherin	5.19m	5.26mq	0.4	17-03.25	2
	5.26m(0.4) 4.96m(-0.9)	5.22m(0.7)					
6	Sydney Klausler	FR Saint Mary's	5.24m	5.23mq	0.7	17-02.00	1
	5.23m(0.7) FOUL(1.2)	4.08m(0.5)					
6	Grace Perrenoud	FR Bethel (Minn)	5.38m	5.23mq	1.1	17-02.00	1
	4.89m(1.1) FOUL(1.9)	5.23m(1.1)					
8	Tonya Piergies	SR Carleton	4.87m	5.22mq	2.8	17-01.50	2
	4.78m(-0.8) 4.84m(+0.0)	5.22m(2.8)					
9	Megan Zurbay	SO St. Thomas (	4.99m	5.18mq	+0.0	17-00.00	2
	5.03m(0.9) 5.18m(+0.0)	FOUL(0.2)					
10	Ella Eliason	FR Bethel (Minn)	4.83m	5.05m	2.5	16-07.00	1
	FOUL(2.7) FOUL(1.3)	5.05m(2.5)					
11	Syri Williams	SO Bethel (Minn)	5.04m	4.99m	0.4	16-04.50	1
	4.89m(0.3) 4.98m(1.3)	4.99m(0.4)					
12	Abigail Van Goethem	JR Hamline	5.06m	4.98m	0.6	16-04.25	2
	4.83m(+0.0) 4.94m(-0.8)	4.98m(0.6)					
13	Taylor Quandt	SR St. Thomas (	4.85m	4.90m	+0.0	16-01.00	2
	4.90m(+0.0) 4.87m(1.3)	FOUL(0.2)					
14	Claire Bode	FR Bethel (Minn)	4.94m	4.86m	+0.0	15-11.50	2
	4.66m(-0.1) FOUL(1.1)	4.86m(+0.0)					
15	Katie Jobe	SO Concordia-Mo	4.93m	4.85m	-0.2	15-11.00	1
	FOUL(0.3) 4.85m(-0.2)	FOUL(1.5)					
16	Emily Bohlig	JR St. Olaf	4.94m	4.79m	1.3	15-08.75	1
	4.79m(1.3) 4.71m(1.9)	FOUL(0.1)					
17	Jordan Terry	SO Augsburg	4.89m	4.68m	-1.6	15-04.25	2
	FOUL(+0.0) FOUL(+0.0)	4.68m(-1.6)					
18	Stephanie Pickthorn	FR St. Benedict	4.88m	4.63m	1.2	15-02.25	1
	4.63m(1.2) FOUL(1.9)	4.55m(0.6)					
19	Hayli Marquette	SR St. Olaf	4.89m	4.47m	+0.0	14-08.00	2
	FOUL FOUL	4.47m(+0.0)					
--	Reilee Schepper	FR St. Catherin	4.88m	FOUL	NWI		1
	FOUL FOUL	FOUL					

#### Women Long Jump

MIAC: M 5.70m 2012		Julia Renner (+1.5), Saint Benedict					
MIAC: M 5.92m 2005		Krista Grigsby(NWI), St. Thomas					
Name	Year	School	Prelims	Finals	Wind	Points	

1	Steph Kretlow	JR St. Thomas (	5.82m	5.90m	2.6	19-04.25	10
	5.39m(1.5) FOUL	5.90m(2.6)					
2	Jailyn Robinson	FR Hamline	5.56m	5.58m	0.3	18-03.75	8
	FOUL 5.48m(-0.2)	5.58m(0.3)					
3	Tori Thompson	SR St. Catherin	5.53m	5.53m	NWI	18-01.75	6
	PASS PASS PASS						
4	Elsie Lundquist	SO St. Catherin	5.26m	5.52m	1.0	18-01.50	5
	5.24m(1.0) FOUL(+0.0)	5.52m(+0.0)					
5	Tonya Piergies	SR Carleton	5.22m	5.30m	1.3	17-04.75	4
	4.87m(0.6) 4.97m(1.4)	5.30m(1.3)					
6	Jenna Degen	SR St. Benedict	5.27m	5.27m	1.4	17-03.50	3
	FOUL(-0.4) 5.20m(0.7)	5.24m(1.4)					
7	Sydney Klausler	FR Saint Mary's	5.23m	5.23m	1.5	17-02.00	2
	FOUL 5.11m(1.5) FOUL						
8	Grace Perrenoud	FR Bethel (Minn	5.23m	J5.23m	NWI	17-02.00	1
	FOUL FOUL FOUL						
9	Megan Zurbay	SO St. Thomas (	5.18m	5.22m	1.6	17-01.50	
	5.13m(+0.0) 4.35m(1.1)	5.22m(1.6)					

Women Triple Jump

MIAC: M 12.15m 2017 Emma Peterson, Concordia							
Name	Year	School	Seed	Prelims	Wind		H#
Preliminaries							
1	Abigail Van Goethem	JR Hamline	10.61m	11.07mq	2.6	36-04.00	1
	10.57m(0.4) 10.90m(0.8)	11.07m(2.6)					
2	Paige Woldt	SO St. Olaf	10.92m	10.86mq	+0.0	35-07.75	2
	10.83m(+0.0) 10.86m(+0.0)	FOUL					
3	Elsie Lundquist	SO St. Catherin	11.03m	10.78mq	+0.0	35-04.50	2
	FOUL 10.78m(+0.0)	10.66m(0.8)					
4	Sally Paul	SO Bethel (Minn	10.31m	10.77mq	1.4	35-04.00	1
	FOUL 10.12m(1.2)	10.77m(1.4)					
5	Grace Perrenoud	FR Bethel (Minn	10.97m	10.72mq	+0.0	35-02.00	2
	FOUL 10.14m(0.8)	10.72m(+0.0)					
6	DeAnna Giles	SO Gustavus Ado	10.52m	10.65mq	0.5	34-11.25	1
	FOUL FOUL 10.65m(0.5)						
7	Paige Patterson	SO Gustavus Ado	10.74m	10.61mq	1.3	34-09.75	2
	10.61m(1.3) 10.47m(+0.0)	10.34m(0.5)					
7	Taylor Quandt	SR St. Thomas (	10.56m	10.61mq	0.2	34-09.75	2
	FOUL 10.56m(0.6)	10.61m(0.2)					
9	Reilee Schepper	FR St. Catherin	10.41m	10.56mq	0.5	34-07.75	2
	10.38m(1.0) 10.56m(0.5)	10.55m(+0.0)					
10	Shelby Gelinske	SR Concordia-Mo	10.33m	10.41m	0.4	34-02.00	2
	10.36m(+0.0) 10.28m(+0.0)	10.41m(0.4)					
11	Corrie Ethen	SO Concordia-Mo	10.31m	10.37m	-0.3	34-00.25	1
	10.37m(-0.3) 10.22m(-0.7)	10.36m(-0.5)					
12	Megan Zurbay	SO St. Thomas (	10.09m	10.36m	+0.0	34-00.00	1
	10.17m(-0.6) 10.23m(+0.0)	10.36m(+0.0)					
13	Jordan Sifferle	JR St. Thomas (	10.56m	10.29m	2.1	33-09.25	1
	FOUL 10.14m(1.4)	10.29m(2.1)					
14	Sarah Bruess	SR St. Thomas (	10.26m	10.07m	+0.0	33-00.50	2
	FOUL 10.07m(+0.0)	10.06m(0.3)					
15	Stephanie Pickthorn	FR St. Benedict	10.57m	10.04m	+0.0	32-11.25	2
	10.00m(+0.0) 10.04m(+0.0)	10.03m(+0.0)					
16	Hannah Nelson	SO Bethel (Minn	10.07m	9.60m	1.2	31-06.00	1
	FOUL 9.60m(1.2)	9.52m(-0.3)					
17	Madison Dorn	FR Bethel (Minn	9.70m	9.51m	+0.0	31-02.50	1
	9.51m(+0.0) FOUL 9.15m(1.2)						
18	Madeline McDermott	SO Gustavus Ado	10.15m	9.43m	0.4	30-11.25	2
	9.43m(0.4) 8.92m(+0.0)	9.36m(+0.0)					
19	Bryana Leverentz	FR St. Catherin	9.58m	9.39m	0.8	30-09.75	1
	FOUL 9.39m(0.8) FOUL						
20	Mellissa Clarke	JR Hamline	9.81m	9.13m	0.1	29-11.50	1
	FOUL FOUL 9.13m(0.1)						

Women Triple Jump

MIAC: M 12.15m 2017 Emma Peterson, Concordia							
Name	Year	School	Prelims	Finals	Wind		Points
Finals							
1	Paige Woldt	SO St. Olaf	10.86m	11.21m	0.1	36-09.50	10
	10.83m(+0.0) 10.98m(-0.2)	11.21m(0.1)					
2	Abigail Van Goethem	JR Hamline	11.07m	11.07m	1.2	36-04.00	8
	FOUL 9.97m(+0.0) 10.79m(1.2)						

4	Elsie Lundquist	SO St. Catherin	10.78m	10.78m	0.4	35-04.50	5
	10.76m(0.4) 10.43m(+0.0)	FOUL(+0.0)					
5	Sally Paul	SO Bethel (Minn	10.77m	10.77m	2.0	35-04.00	4
	10.37m(2.0) 10.18m(+0.0)	FOUL(1.3)					
6	Grace Perrenoud	FR Bethel (Minn	10.72m	10.72m	+0.0	35-02.00	3
	10.48m(+0.0) 10.46m(-0.4)	FOUL(0.8)					
7	Reilee Schepper	FR St. Catherin	10.56m	10.66m	+0.0	34-11.75	2
	9.96m(-1.1) 10.58m(-0.4)	10.66m(+0.0)					
8	DeAnna Giles	SO Gustavus Ado	10.65m	10.65m	+0.0	34-11.25	1
	10.56m(+0.0) 10.54m(+0.0)	10.60m(+0.0)					
9	Paige Patterson	SO Gustavus Ado	10.61m	10.61m	0.4	34-09.75	
	9.79m(+0.0) 10.28m(0.4)	10.20m(0.8)					

Women Shot Put

MIAC: M 14.58m 2013 Becky Culp, Hamline							
Name	Year	School	Seed	Prelims			H#
Preliminaries							
1	Annalee Olson-Sola	FR Gustavus Ado	12.60m	13.00mq	42-08.00		2
	13.00m 12.32m 12.39m						
2	Cayle Hovland	FR Concordia-Mo	12.88m	12.39mq	40-07.75		2
	FOUL 12.20m 12.39m						
3	Allyson Kangas	FR Concordia-Mo	12.37m	12.34mq	40-06.00		2
	11.68m 12.34m 12.26m						
4	Jacey Schlosser	FR Concordia-Mo	12.49m	12.29mq	40-04.00		2
	12.07m 12.29m 12.26m						
5	Kelsey Rajewsky	JR Concordia-Mo	11.94m	12.24mq	40-02.00		1
	11.92m 11.85m 12.24m						
6	Jessie Juenemann	JR Hamline	12.56m	12.11mq	39-08.75		2
	11.70m 12.11m FOUL						
7	Sarah Gigstad	JR St. Benedict	11.04m	11.83mq	38-09.75		1
	10.71m 11.83m 11.58m						
8	Lauren Isaacson	FR St. Catherin	10.88m	11.51mq	37-09.25		1
	10.53m 11.26m 11.51m						
9	Hailey Anderson	SR St. Benedict	12.30m	11.42mq	37-05.75		2
	11.06m 11.42m 10.91m						
10	Berit Borstad	SO St. Thomas (	11.24m	11.39m	37-04.50		1
	11.39m 10.98m 10.97m						
11	Isabella Klabough	SO Gustavus Ado	11.42m	11.33m	37-02.25		2
	11.01m 10.75m 11.33m						
12	Savanna Keiser	JR Hamline	12.21m	11.23m	36-10.25		2
	FOUL 11.23m 11.13m						
13	Claire Baker	SR St. Benedict	11.08m	11.18m	36-08.25		1
	11.08m 11.18m 10.81m						
14	Jayda Bagstad	SO Hamline	11.24m	10.96m	35-11.50		1
	10.62m 10.96m 10.90m						
15	Jaiden McCollum	FR St. Benedict	11.44m	10.93m	35-10.50		2
	10.60m 10.93m 10.65m						
16	Breanna Wilkerson	FR Gustavus Ado	11.25m	10.92m	35-10.00		1
	10.59m 10.92m 10.36m						
17	Caitlyn Burmester	JR Macalester	10.96m	10.75m	35-03.25		1
	9.74m 10.75m 10.71m						
18	Lena Wilson	JR St. Thomas (	11.51m	10.55m	34-07.50		2
	FOUL FOUL 10.55m						
19	Megan Grimes	SR St. Olaf	11.00m	10.41m	34-02.00		1
	9.76m 10.41m 10.22m						
20	Alexandra Kolstad	FR Hamline	10.94m	9.78m	32-01.00		1
	FOUL 9.78m FOUL						

Women Shot Put

MIAC: M 14.58m 2013 Becky Culp, Hamline							
Name	Year	School	Prelims	Finals			Points
Finals							
1	Annalee Olson-Sola	FR Gustavus Ado	13.00m	13.00m	42-08.00		10
	12.64m 12.14m 12.46m						
2	Allyson Kangas	FR Concordia-Mo	12.34m	12.63m	41-05.25		8
	12.09m 12.42m 12.63m						
3	Jacey Schlosser	FR Concordia-Mo	12.29m	12.47m	40-11.00		6
	FOUL 11.62m 12.47m						
4	Cayle Hovland	FR Concordia-Mo	12.39m	12.39m	40-07.75		5
	11.67m FOUL FOUL						
5	Jessie Juenemann	JR Hamline	12.11m	12.32m	40-05.00		4
	12.32m 11.85m FOUL						

7	Sarah Gigstad	JR St. Benedict	11.83m	11.86m	38-11.00	2
	10.75m 11.44m 11.03m					
8	Lauren Isaacson	FR St. Catherin	11.51m	11.51m	37-09.25	1
	11.03m 11.44m FOUL					
9	Haley Anderson	SR St. Benedict	11.42m	11.42m	37-05.75	
	FOUL 11.31m 10.71m					

Women Discus Throw

MIAC: M 54.18m 1992 Kris Kuehl, Concordia

Name	Year School	Seed	Prelims	H#	
Preliminaries					
1	Jessie Juenemann	JR Hamline	46.42m	40.80mq 133-10	2
	40.80m FOUL 38.46m				
2	Annalee Olson-Sola	FR Gustavus Ado	41.10m	39.29mq 128-11	2
	39.29m 39.19m 35.23m				
3	Savanna Keiser	JR Hamline	39.33m	38.71mq 127-00	2
	33.82m 36.16m 38.71m				
4	Haley Anderson	SR St. Benedict	39.38m	38.03mq 124-09	2
	35.79m FOUL 38.03m				
5	Lauren Isaacson	FR St. Catherin	42.78m	37.82mq 124-01	2
	35.96m 36.51m 37.82m				
6	Cayle Hovland	FR Concordia-Mo	42.77m	37.35mq 122-06	2
	37.35m 35.31m 37.11m				
7	Isabella Klabough	SO Gustavus Ado	40.06m	36.29mq 119-01	2
	36.29m FOUL 34.04m				
8	Sarah Gigstad	JR St. Benedict	36.91m	35.60mq 116-09	1
	32.96m 35.60m FOUL				
9	Jacey Schlosser	FR Concordia-Mo	39.48m	34.62mq 113-07	2
	FOUL 33.13m 34.62m				
10	Jordan Keeley	FR Saint Mary's	37.01m	34.07m 111-09	1
	31.71m 33.71m 34.07m				
11	Tori Thompson	SR St. Catherin	41.03m	33.72m 110-07	2
	33.72m FOUL 30.91m				
12	Megan Gehrke	FR St. Thomas (	38.42m	33.63m 110-04	1
	32.66m 33.63m 31.38m				
13	Jayda Bagstad	SO Hamline	35.39m	33.15m 108-09	1
	32.92m 33.15m 31.70m				
14	Maggie Beckmann	FR St. Benedict	38.35m	33.05m 108-05	1
	33.05m FOUL 31.83m				
15	Emily White	FR Concordia-Mo	39.67m	32.91m 108-00	2
	FOUL 32.91m FOUL				
16	Berit Borstad	SO St. Thomas (	36.06m	32.89m 107-11	1
	32.07m 32.89m 31.97m				
17	Breanna Wilkerson	FR Gustavus Ado	36.01m	32.51m 106-08	1
	FOUL FOUL 32.51m				
18	Lara Manikowski	FR St. Benedict	34.49m	30.83m 101-02	1
	30.83m FOUL 27.49m				
--	Nyjah Willis	SO Hamline	34.51m	FOUL	1
	FOUL FOUL FOUL				
--	Lena Wilson	JR St. Thomas (	34.25m	FOUL	1
	FOUL FOUL FOUL				

Women Discus Throw

MIAC: M 54.18m 1992 Kris Kuehl, Concordia

Name	Year School	Prelims	Finals	Points	
Finals					
1	Jessie Juenemann	JR Hamline	40.80m	43.21m 141-09	10
	41.38m 43.21m 43.02m				
2	Annalee Olson-Sola	FR Gustavus Ado	39.29m	39.29m 128-11	8
	37.00m 34.94m FOUL				
3	Lauren Isaacson	FR St. Catherin	37.82m	38.82m 127-04	6
	FOUL 38.82m 35.94m				
4	Savanna Keiser	JR Hamline	38.71m	38.71m 127-00	5
	FOUL FOUL FOUL				
5	Cayle Hovland	FR Concordia-Mo	37.35m	38.53m 126-05	4
	38.53m 37.29m FOUL				
6	Haley Anderson	SR St. Benedict	38.03m	38.03m 124-09	3
	37.37m FOUL 37.08m				
7	Sarah Gigstad	JR St. Benedict	35.60m	37.23m 122-02	2
	33.63m FOUL 37.23m				
8	Isabella Klabough	SO Gustavus Ado	36.29m	36.29m 119-01	1
	32.11m 35.59m 35.33m				

Women Hammer Throw

MIAC: M 52.90m 2018		Bailey Hovland, Concordia				
Name	Year	School	Seed	Prelims		H#
<b>Preliminaries</b>						
1 Katie Keelin		JR Gustavus Ado	52.91m	50.49mq	165-08	2
50.49m 46.34m FOUL						
2 Bailey Van Den Heuvel		SR Gustavus Ado	50.36m	50.35mq	165-02	2
46.60m 49.21m 50.35m						
3 Nyjah Willis		SO Hamline	50.67m	48.78mq	160-00	2
FOUL 48.78m FOUL						
4 Berit Borstad		SO St. Thomas (	46.05m	45.90mq	150-07	2
FOUL FOUL 45.90m						
5 Kaylea Hoenigschmidt		SR St. Catherin	49.59m	45.62mq	149-08	2
45.62m 45.13m FOUL						
6 Sarah Gigstad		JR St. Benedict	41.20m	42.21mq	138-06	2
42.21m 41.01m FOUL						
7 Claire Baker		SR St. Benedict	43.42m	41.11mq	134-10	2
41.03m 41.03m 41.11m						
8 Kelsey Rajewsky		JR Concordia-Mo	39.98m	41.02mq	134-07	1
41.02m FOUL FOUL						
9 Madison Fiecke		FR Hamline	38.15m	40.18mq	131-10	1
39.50m 38.25m 40.18m						
10 Allyson Kangas		FR Concordia-Mo	36.94m	40.00m	131-03	1
FOUL 40.00m 38.92m						
11 Courtney Erickson		JR Gustavus Ado	40.95m	39.14m	128-05	2
38.49m 39.14m 38.81m						
12 Kenna Bannister		JR Augsburg	39.27m	38.88m	127-07	1
38.88m FOUL 31.42m						
13 Alexandra Kolstad		FR Hamline	40.37m	38.05m	124-10	1
38.05m FOUL 36.87m						
14 Haley Anderson		SR St. Benedict	41.70m	37.65m	123-06	2
35.12m FOUL 37.65m						
15 Alex Jagler		FR St. Thomas (	38.90m	36.61m	120-01	1
36.61m FOUL FOUL						
16 Lauren Wagner		SO Bethel (Minn	41.01m	36.06m	118-04	2
FOUL 36.06m 35.97m						
17 Cayle Hovland		FR Concordia-Mo	36.25m	36.04m	118-03	1
36.04m 35.78m 31.87m						
18 Eli Walter		JR St. Benedict	37.27m	34.65m	113-08	1
FOUL 34.65m 30.91m						
19 Nora Melting		JR Hamline	38.52m	33.58m	110-02	1
33.58m FOUL 31.66m						
20 Jacey Schlosser		FR Concordia-Mo	34.94m	32.93m	108-00	1
FOUL 32.93m FOUL						

Women Hammer Throw

MIAC: M 52.90m 2018		Bailey Hovland, Concordia				
Name	Year	School	Prelims	Finals		Points
<b>Finals</b>						
1 Katie Keelin		JR Gustavus Ado	50.49m	50.91m	167-00	10
50.91m FOUL 50.72m						
2 Bailey Van Den Heuvel		SR Gustavus Ado	50.35m	50.35m	165-02	8
49.76m 49.45m 49.49m						
3 Nyjah Willis		SO Hamline	48.78m	48.78m	160-00	6
FOUL FOUL 47.29m						
4 Berit Borstad		SO St. Thomas (	45.90m	45.90m	150-07	5
44.86m FOUL FOUL						
5 Kaylea Hoenigschmidt		SR St. Catherin	45.62m	45.62m	149-08	4
44.57m FOUL 45.51m						
6 Claire Baker		SR St. Benedict	41.11m	43.97m	144-03	3
FOUL 43.97m 43.41m						
7 Sarah Gigstad		JR St. Benedict	42.21m	42.21m	138-06	2
39.12m 38.65m FOUL						
8 Kelsey Rajewsky		JR Concordia-Mo	41.02m	41.93m	137-07	1
41.93m 40.72m FOUL						
9 Madison Fiecke		FR Hamline	40.18m	40.18m	131-10	
38.72m FOUL 38.46m						

Women Javelin Throw

Preliminaries

1	Lauren Wagner	SO Bethel (Minn)	35.48m	37.06mq	121-07	2
	37.06m 34.72m 32.61m					
2	Abigail Van Goethem	JR Hamline	30.24m	35.16mq	115-04	1
	FOUL 35.16m 30.20m					
3	Jenna Stilwell	SR Concordia-Mo	35.76m	34.45mq	113-00	2
	FOUL 34.45m 33.11m					
4	Bailey Van Den Heuvel	SR Gustavus Ado	33.15m	34.19mq	112-02	2
	29.93m 34.19m 31.76m					
5	McKenna Hulslander	SO Hamline	37.27m	33.13mq	108-08	2
	33.13m 31.29m 32.23m					
6	Kelsey Weed	SR St. Olaf	35.03m	32.62mq	107-00	2
	FOUL 29.73m 32.62m					
7	Sally Paul	SO Bethel (Minn)	33.62m	32.55mq	106-09	2
	FOUL 32.55m 25.10m					
8	Bryana Leverentz	FR St. Catherin	33.01m	32.38mq	106-03	2
	31.64m 32.38m 30.47m					
9	Calli Sizer	SR Gustavus Ado	32.50m	31.83mq	104-05	1
	31.59m 31.83m 30.72m					
10	Elsie Lundquist	SO St. Catherin	29.99m	31.16m	102-03	1
	FOUL 22.60m 31.16m					
11	Elyse Wanzenried	SR Carleton	30.96m	30.82m	101-01	1
	30.82m 2.76m 26.27m					
12	Johanna Merten	SO St. Benedict	29.67m	30.65m	100-07	1
	30.65m 30.19m 28.56m					
13	Jenna Degen	SR St. Benedict	33.80m	29.74m	97-07	1
	29.71m 29.74m 29.74m					
14	Annalee Olson-Sola	FR Gustavus Ado	37.46m	29.66m	97-04	2
	FOUL FOUL 29.66m					
15	Mackenzie Schoustra	JR St. Olaf	36.67m	29.63m	97-02	1
	29.63m 27.58m FOUL					
16	Suntina Spehar	JR St. Benedict	32.51m	29.29m	96-01	1
	28.93m 29.29m 26.24m					
17	Jasmine Loving	SO Macalester	31.12m	29.11m	95-06	1
	28.75m 29.11m FOUL					
18	Hanna Degen	SO St. Benedict	31.13m	23.27m	76-04	2
	18.54m 23.27m 23.14m					
--	Emily Bohlig	JR St. Olaf	28.78m	FOUL		1
	FOUL FOUL FOUL					
--	Jacey Schlosser	FR Concordia-Mo	29.67m	FOUL		2
	FOUL FOUL FOUL					

Women Javelin Throw

MIAC: M 48.29m 2008 Lisa Brown, Gustavus						
Name	Year	School	Prelims	Finals		Points
Finals						
1	Lauren Wagner	SO Bethel (Minn)	37.06m	37.06m	121-07	10
	33.31m 35.53m 34.37m					
2	Jenna Stilwell	SR Concordia-Mo	34.45m	36.62m	120-02	8
	33.14m 36.62m 35.36m					
3	McKenna Hulslander	SO Hamline	33.13m	35.27m	115-08	6
	31.41m 35.27m 29.84m					
4	Abigail Van Goethem	JR Hamline	35.16m	35.16m	115-04	5
	32.12m 33.09m 28.60m					
5	Bailey Van Den Heuvel	SR Gustavus Ado	34.19m	34.19m	112-02	4
	31.66m 33.66m 31.19m					
6	Calli Sizer	SR Gustavus Ado	31.83m	32.96m	108-02	3
	27.68m 32.96m FOUL					
7	Kelsey Weed	SR St. Olaf	32.62m	32.79m	107-07	2
	32.56m 32.79m 32.56m					
8	Sally Paul	SO Bethel (Minn)	32.55m	32.55m	106-09	1
	30.28m 29.28m 30.74m					
9	Bryana Leverentz	FR St. Catherin	32.38m	32.38m	106-03	
	30.01m 31.97m 29.92m					

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Facility: F 27.76						
Name	Year	School	Finals	Wind H#	Points	
1	Syri Williams	SO Bethel (Minn)	26.91F	NWI 2	719	
2	Megan Grimes	SR St. Olaf	27.31F	NWI 2	686	
3	Carly Fornshell	SO Concordia-Mo	27.38F	NWI 1	681	
4	Tonya Piergies	SR Carleton	27.62F	NWI 2	661	

7	Mackenzie Schoustra	JR St. Olaf	27.87	NWI	3	641
8	Sally Paul	SO Bethel (Minn	27.96	NWI	3	634
9	Rachel Studer	SO Gustavus Ado	28.18	NWI	2	617
10	Mariah Terhaar	JR St. Thomas (	28.28	NWI	2	609
11	Stephanie Pickthorn	FR St. Benedict	28.34	NWI	2	604
12	Sydney Marsh	FR Carleton	28.43	NWI	1	597
13	Jenna Degen	SR St. Benedict	28.48	NWI	3	594
14	Elsie Lundquist	SO St. Catherin	28.90	NWI	3	562
15	Katie Jobe	SO Concordia-Mo	29.09	NWI	3	548
16	Taylor Thompson	SO Gustavus Ado	29.57	NWI	2	513
17	Eve Farrell	FR Carleton	29.84	NWI	3	493
18	Jenna Stilwell	SR Concordia-Mo	30.34	NWI	1	459

Heptathlon: #7 Women 800 Meter Run Heptathlon

Facility: F 2:21.88						
Name	Year	School	Finals		Points	
1	Carly Fornshell	SO Concordia-Mo	2:27.18		729	
2	Jordan Sifferle	JR St. Thomas (	2:28.58		711	
3	Syri Williams	SO Bethel (Minn	2:31.51		674	
4	Jenna Degen	SR St. Benedict	2:33.86		645	
5	Eve Farrell	FR Carleton	2:35.31		628	
6	Mackenzie Schoustra	JR St. Olaf	2:36.74		611	
7	Sydney Marsh	FR Carleton	2:38.64		589	
8	Megan Grimes	SR St. Olaf	2:38.68		588	
9	Emily Bohlig	JR St. Olaf	2:39.13		583	
10	Tonya Piergies	SR Carleton	2:40.44		568	
11	Sally Paul	SO Bethel (Minn	2:42.44		545	
12	Katie Jobe	SO Concordia-Mo	2:44.62		521	
13	Stephanie Pickthorn	FR St. Benedict	2:46.08		505	
14	Jenna Stilwell	SR Concordia-Mo	2:48.28		482	
15	Mariah Terhaar	JR St. Thomas (	2:50.49		459	
16	Elsie Lundquist	SO St. Catherin	2:52.65		436	
17	Rachel Studer	SO Gustavus Ado	3:01.24		354	

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Facility: F 15.17						
Name	Year	School	Finals	Wind H#	Points	
1	Mackenzie Schoustra	JR St. Olaf	16.14	NWI 3	697	
2	Jenna Degen	SR St. Benedict	16.22	NWI 3	688	
3	Syri Williams	SO Bethel (Minn	16.24	NWI 2	685	
4	Emily Bohlig	JR St. Olaf	16.37	NWI 1	670	
5	Elsie Lundquist	SO St. Catherin	16.55	NWI 3	648	
6	Tonya Piergies	SR Carleton	16.69	NWI 1	632	
7	Jordan Sifferle	JR St. Thomas (	16.70	NWI 2	631	
8	Megan Grimes	SR St. Olaf	16.87	NWI 2	611	
9	Rachel Studer	SO Gustavus Ado	17.28	NWI 3	565	
10	Sydney Marsh	FR Carleton	17.30	NWI 2	563	
11	Stephanie Pickthorn	FR St. Benedict	17.34	NWI 1	559	
12	Sally Paul	SO Bethel (Minn	17.81	NWI 3	508	
13	Carly Fornshell	SO Concordia-Mo	17.88	NWI 2	501	
14	Jenna Stilwell	SR Concordia-Mo	17.97	NWI 2	492	
15	Katie Jobe	SO Concordia-Mo	18.34	NWI 3	454	
16	Mariah Terhaar	JR St. Thomas (	18.44	NWI 3	444	
17	Taylor Thompson	SO Gustavus Ado	18.51	NWI 2	437	
18	Eve Farrell	FR Carleton	19.40	NWI 3	354	

Heptathlon: #2 Women High Jump Heptathlon

Facility: F 1.59m					
Name	Year	School	Finals		Points
1	Mackenzie Schoustra	JR St. Olaf	1.62mF	5-03.75	759
2	Elsie Lundquist	SO St. Catherin	1.56m	5-01.25	689
2	Mariah Terhaar	JR St. Thomas (	1.56m	5-01.25	689
4	Jenna Degen	SR St. Benedict	1.53m	5-00.25	655
5	Tonya Piergies	SR Carleton	1.47m	4-09.75	588
5	Emily Bohlig	JR St. Olaf	1.47m	4-09.75	588
5	Megan Grimes	SR St. Olaf	1.47m	4-09.75	588
8	Carly Fornshell	SO Concordia-Mo	1.44m	4-08.75	555
8	Eve Farrell	FR Carleton	1.44m	4-08.75	555
10	Jenna Stilwell	SR Concordia-Mo	1.38m	4-06.25	491
10	Jordan Sifferle	JR St. Thomas (	1.38m	4-06.25	491

12	Sally Paul	SO Bethel (Minn)	1.35m	4-05.00	460
15	Katie Jobe	SO Concordia-Mo	1.32m	4-04.00	429
15	Syri Williams	SO Bethel (Minn)	1.32m	4-04.00	429
17	Stephanie Pickthorn	FR St. Benedict	1.29m	4-02.75	399
17	Sydney Marsh	FR Carleton	1.29m	4-02.75	399

Heptathlon: #5 Women Long Jump Heptathlon

Facility: F 4.98m						
Name	Year	School	Finals	Wind	Points	
1	Elsie Lundquist	SO St. Catherin	5.04mF	NWI 16-06.50	570	
2	Jenna Degen	SR St. Benedict	5.01mF	NWI 16-05.25	562	
3	Megan Grimes	SR St. Olaf	4.92m	NWI 16-01.75	538	
4	Jordan Sifferle	JR St. Thomas (	4.89m	NWI 16-00.50	530	
5	Tonya Piergies	SR Carleton	4.87m	NWI 15-11.75	524	
6	Emily Bohlig	JR St. Olaf	4.85m	NWI 15-11.00	519	
6	Mackenzie Schoustra	JR St. Olaf	4.85m	NWI 15-11.00	519	
6	Syri Williams	SO Bethel (Minn)	4.85m	NWI 15-11.00	519	
9	Katie Jobe	SO Concordia-Mo	4.75m	NWI 15-07.00	492	
10	Sally Paul	SO Bethel (Minn)	4.73m	NWI 15-06.25	487	
11	Stephanie Pickthorn	FR St. Benedict	4.57m	NWI 15-00.00	446	
12	Mariah Terhaar	JR St. Thomas (	4.49m	NWI 14-08.75	426	
13	Sydney Marsh	FR Carleton	4.48m	NWI 14-08.50	423	
14	Jenna Stilwell	SR Concordia-Mo	4.35m	NWI 14-03.25	391	
15	Carly Fornshell	SO Concordia-Mo	4.34m	NWI 14-03.00	388	
16	Taylor Thompson	SO Gustavus Ado	4.18m	NWI 13-08.75	350	
17	Eve Farrell	FR Carleton	4.15m	NWI 13-07.50	343	
18	Rachel Studer	SO Gustavus Ado	4.14m	NWI 13-07.00	340	

Heptathlon: #3 Women Shot Put Heptathlon

Facility: F 10.94m						
Name	Year	School	Finals	Points		
1	Megan Grimes	SR St. Olaf	11.00mF	36-01.25	595	
2	Mackenzie Schoustra	JR St. Olaf	9.96m	32-08.25	527	
3	Elsie Lundquist	SO St. Catherin	9.95m	32-07.75	526	
4	Jenna Degen	SR St. Benedict	9.88m	32-05.00	522	
4	Emily Bohlig	JR St. Olaf	9.88m	32-05.00	522	
6	Jordan Sifferle	JR St. Thomas (	9.77m	32-00.75	514	
7	Jenna Stilwell	SR Concordia-Mo	9.54m	31-03.75	499	
8	Carly Fornshell	SO Concordia-Mo	9.32m	30-07.00	485	
9	Syri Williams	SO Bethel (Minn)	9.14m	30-00.00	473	
10	Katie Jobe	SO Concordia-Mo	9.13m	29-11.50	473	
11	Sydney Marsh	FR Carleton	9.02m	29-07.25	465	
12	Eve Farrell	FR Carleton	8.92m	29-03.25	459	
13	Stephanie Pickthorn	FR St. Benedict	8.85m	29-00.50	454	
14	Sally Paul	SO Bethel (Minn)	8.72m	28-07.50	446	
15	Tonya Piergies	SR Carleton	8.63m	28-03.75	440	
16	Mariah Terhaar	JR St. Thomas (	8.06m	26-05.50	403	
17	Taylor Thompson	SO Gustavus Ado	7.60m	24-11.25	374	
18	Rachel Studer	SO Gustavus Ado	6.64m	21-09.50	312	

Heptathlon: #6 Women Javelin Throw Heptathlon

Facility: F 40.30m						
Name	Year	School	Finals	Points		
1	Jenna Stilwell	SR Concordia-Mo	33.79m	110-10	549	
2	Sally Paul	SO Bethel (Minn)	33.62m	110-04	545	
3	Mackenzie Schoustra	JR St. Olaf	33.46m	109-09	542	
4	Elsie Lundquist	SO St. Catherin	29.91m	98-01	475	
5	Tonya Piergies	SR Carleton	29.37m	96-04	465	
6	Jenna Degen	SR St. Benedict	28.25m	92-08	444	
7	Emily Bohlig	JR St. Olaf	27.22m	89-04	424	
8	Katie Jobe	SO Concordia-Mo	27.19m	89-02	424	
9	Megan Grimes	SR St. Olaf	26.33m	86-05	407	
10	Stephanie Pickthorn	FR St. Benedict	26.03m	85-05	402	
11	Syri Williams	SO Bethel (Minn)	25.66m	84-02	395	
12	Carly Fornshell	SO Concordia-Mo	25.00m	82-00	382	
13	Jordan Sifferle	JR St. Thomas (	24.66m	80-11	376	
14	Mariah Terhaar	JR St. Thomas (	23.68m	77-08	358	
15	Taylor Thompson	SO Gustavus Ado	19.15m	62-10	273	
16	Sydney Marsh	FR Carleton	18.22m	59-09	256	
17	Eve Farrell	FR Carleton	17.61m	57-09	245	

Women Heptathlon

MIAC: M 5132 2014 Amelia Campbell, Carleton					
Name	Year	School	Seed	Finals	H# Points
1 Mackenzie Schoustra	JR	St. Olaf		4296	10
2 Jenna Degen	SR	St. Benedict		4110	8
3 Megan Grimes	SR	St. Olaf		4013	6
4 Emily Bohlig	JR	St. Olaf		3957	5
5 Jordan Sifferle	JR	St. Thomas (		3912	4
6 Elsie Lundquist	SO	St. Catherin		3906	3
7 Syri Williams	SO	Bethel (Minn		3894	2
8 Tonya Piergies	SR	Carleton		3878	1
9 Carly Fornshell	SO	Concordia-Mo		3721	
10 Sally Paul	SO	Bethel (Minn		3625	
11 Mariah Terhaar	JR	St. Thomas (		3388	
12 Stephanie Pickthorn	FR	St. Benedict		3369	
13 Jenna Stilwell	SR	Concordia-Mo		3363	
14 Katie Jobe	SO	Concordia-Mo		3341	
15 Sydney Marsh	FR	Carleton		3292	
16 Eve Farrell	FR	Carleton		3077	
17 Rachel Studer	SO	Gustavus Ado		2859	

Women - Team Rankings - 22 Events Scored

1) St. Thomas (Minn.)	156.50	2) Hamline	136
3) St. Olaf	116	4) Bethel (Minn.)	77
4) Gustavus Adolphus	77	6) Concordia-Moorhead	67
7) Carleton	65	8) St. Benedict	63.50
9) St. Catherine (Minn.)	46	10) Macalester	22
11) Augsburg	16	11) Saint Mary's (Minn.)	16